



### **Background**

Every Kid Healthy™ is a national movement to make all schools healthier places. Every Kid Healthy is focused on the nation's problem of childhood obesity as well as its solutions: sound nutrition, regular physical activity and health-promoting school programs.

Burnt Mills Elementary School recognizes Every Kid Healthy initiative <http://www.everykidhealthyweek.org/> and will host the second annual BMES Walkathon. During the observance, we will host the themed event **"Healthy Heart Walkathon" Fundraiser!** The one-day fundraiser will encourage students to eat better, be active every day, and foster school spirit and fun.

### **Walkathon Basics**

The walkathon is simple – all students receive a pledge form and solicit flat rate donations from family members and friends to run/walk the ½ mile loop around **Burnt Mills Elementary School field (in back)** on May 12, 2017 during the class recess time.



Volunteers will be stationed at various check points for support. To help the students enjoy the walkathon, volunteers will also be spraying each child that walks/runs by and is wearing a white shirt (brought from home) with non-toxic colored water. At the end of the walkathon, each child should have a multi-colored shirt to remember the event. If a child does not want to be sprayed, they can wear any non-white shirt and walk more toward the outside of the loop or just tell the volunteers that they don't wish to be sprayed.



BMES 2017 Walkathon Prize List

**Donation forms must be submitted to classroom teachers by May 11<sup>th</sup> to be eligible for prizes!**

Participating students will become eligible to win a prize based on the amount of money raised:

- **First Prize:** 1<sup>st</sup> Place Fundraising Student will be selected as “Principal for the Day”
- **Second Prize:** 2<sup>nd</sup> Place Fundraising Student will be selected as “P.E. Teacher for the Day”
- **Third Prize:** 3<sup>rd</sup> Place Fundraising Student will be selected as “Assistant Principal for the Day”
- *First class to have 100% participation will receive an in-class pizza party*
- *Second class with the highest percentage of students participating will receive popsicles in class*

\*Prizes will be announced the week after the walk-a-thon



**BMES “Healthy Heart” BMES Walkathon Fundraiser! Donation Form**

Please return donations with this completed form to your teacher before the BMES Walkathon day – May 12<sup>th</sup>.

**FORM MUST BE RETURNED BY May 11<sup>th</sup> TO BE ELIGIBLE FOR PRIZES!**

Student Name \_\_\_\_\_ Teacher \_\_\_\_\_

**Please make checks out to “BMES PTA”**

Name of Donor	Donation Amount (flat donation)	Paid (Yes/No)
i.e. Generous Donor	\$25.00	Y

(Additional donors and amounts donated can be written in on the back of this page.)

Total Amount Collected \_\_\_\_\_

Parent Phone# \_\_\_\_\_

Parent Signature \_\_\_\_\_

**Safety First! Seek donations from your family and friends.**

**Never go into a stranger’s house! Do not go door to door after dark!**

Your donations will help fund...

- Field Trips
- School Assemblies
- Field and Playground Equipment
- Classroom supplies

Student Name \_\_\_\_\_ Teacher \_\_\_\_\_

Name of Donor	Donation Amount	Paid Y/N

